

**Health Care Providers: This patient is under a pain contract with us.
Please contact:**

Dear Patient,

This sheet covers our approach to pain in the event that you develop painful conditions (for example dental work, passing a kidney stone, gout attacks, or elective surgeries). Please understand that we understand you want to get your pain controlled and we promise to work with you to help control the pain. We suggest you take a photo of this document to store on your smart phone so you can always find it when needed.

**PLEASE SHARE THIS DOCUMENT WITH ANY HEALTH CARE PROVIDER
WISHING TO PRESCRIBE ANY PAIN MEDICATIONS TO YOU**

Dental work

Please inform your dentist you have a pain agreement with us *before* any dental work. Do not accept pain medications from your dentist. We will communicate with your dentist to discuss your pain relief needs.

Injuries

In the event you develop a painful condition (toothache, back spasm, headache, etc.) or worsening pain, please contact our office for directions. If it is urgent, please be aware that we have an MD or nurse practitioner on call 24 hours a day, 7 days a week to advise you on your options. If it is not an emergency, please call our office during office hours.

Emergency Room Visits

If you have to go to the Emergency Department, please advise the ER that you have a pain agreement with us. If possible, do not accept any prescriptions for pain medications from the ER but call us ASAP. If there is severe pain, please have the ER contact us to discuss options. Again, there is someone on-call at all times to answer the ER doctor's concerns. We may authorize the ER to prescribe limited quantities of pain medications if there are no other options.

Please record any pain medications the ER administers to you so we will know where these medications came from in the event we need to get a drug screen at your next visit.

Elective Surgeries

Please inform your surgeon that you have a pain agreement with us and have their office contact us for instructions on how to coordinate your pain care. If you are on certain medications such as *suboxone* or *buprenorphine*, we will want to make sure the surgeon knows how to control your pain in the hospital. Generally, the surgeon, anesthesiologist or hospitalist will manage your pain medications while you are in hospital but we will handle your pain medications upon discharge. Please record any pain medications administered during surgery in case we need to get a drug screen at your next visit.

Hospitalizations

If you are hospitalized for any reason, please let the hospital know that you have a pain agreement with us. *This can be especially important if you are on suboxone or other buprenorphine medication.*